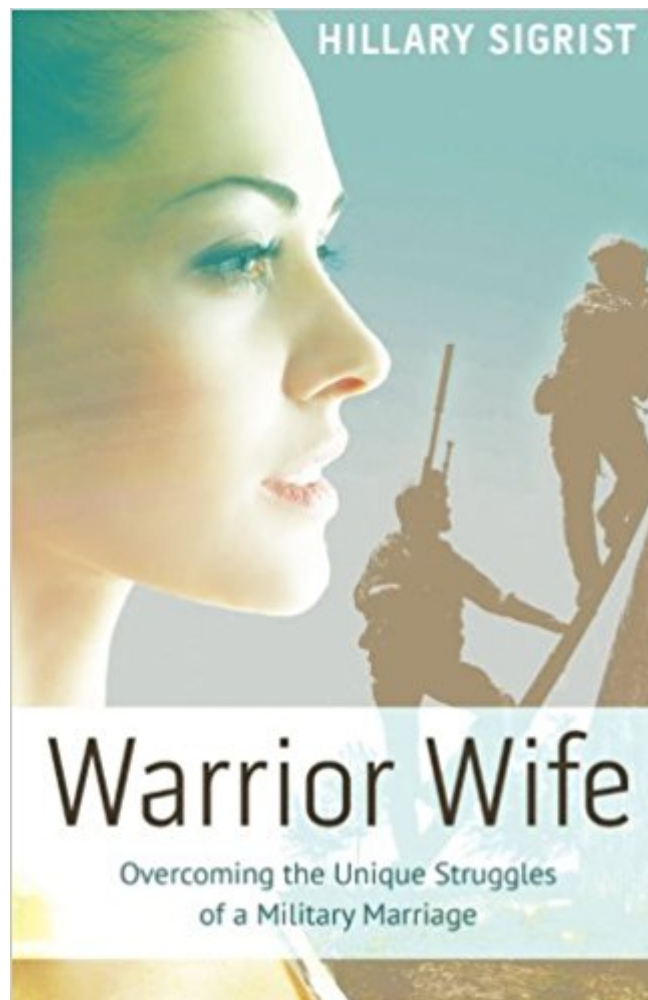




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# Warrior Wife: Overcoming The Unique Struggles Of A Military Marriage



## Synopsis

When you hold the hand of a warrior, you're joining him on a quest-one that traverses glory and pain. It's a journey traveled by few, and fewer make it through till completion.

Extraordinary men have run our colors across the battlefields of history, but behind them have been the women who have held vigil as they go. This passage in matrimony is unique in the way the military will change you, your husband, and your marriage. Ptsd, deployments, or never-ending household moves are just some ways a "new normal" lifestyle will challenge even the strongest foundations. But what doesn't break you will make you stronger if you let it! This book will illustrate the courage, support, and faith it takes to overcome the challenges of military marriages, as well as the tools, understanding, and insight to enter into the rewarding experience of being a warrior wife.

## Book Information

Paperback: 112 pages

Publisher: WestBowPress (August 18, 2015)

Language: English

ISBN-10: 1512706418

ISBN-13: 978-1512706413

Product Dimensions: 5.5 x 0.3 x 8.5 inches

Shipping Weight: 7 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 19 customer reviews

Best Sellers Rank: #633,491 in Books (See Top 100 in Books) #93 in Books > Parenting & Relationships > Family Relationships > Military Families #1703 in Books > Christian Books & Bibles > Christian Living > Marriage #124543 in Books > Religion & Spirituality

## Customer Reviews

"What a fantastic book! Although I am not a Warrior Wife, as the wife of a police officer, I found a lot of relatable words of wisdom in Hillary Sigrist's Warrior Wife: Overcoming the Unique Struggles of a Military Marriage. Sigrist covers topics like military brats, deployment, how important it is to have a good support system, and much more in this gem of a book. I laughed when she talked about the inability to plan anything in a military life and considers "plan" to be a four-letter word. Hillary Sigrist's Warrior Wife: Overcoming the Unique Struggles of a Military Marriage is a comfort for military spouses. Not only does Sigrist talk about the unique struggles of a military marriage, but she also provides advice that can help any marriage. I appreciated the scripture

quotes and interweaving of faith-based marriages contained in this book. Warrior Wife definitely provides insight, understanding, and tools to equip a new military spouse. Warrior Wife is a great book for anyone to read as it is inspiring and helps us better understand what our military families are sacrificing for us." - 5 Star Readers Favorite Review by Lori A. Moore

"Debut memoirist Sigrist reflects on her struggles as the wife of a former U.S. special operations sniper and provides encouragement for fellow Christian military wives in this thoughtful work. She is candid about the difficulties of being married to a military man but focuses on how the experience can strengthen her readers' relationships both with their husbands and with God. Sigrist writes simply and intimately, as if talking to a best friend. She recognizes the singular hardships and often unacknowledged ways that military wives support their husbands and country. She also provides tips for dealing with deployments, PTSD, missed birthdays, and long-distance communication. Her advice is intended to comfort and provide fortitude to other military wives but is generally grounded in the idea that a military wife's job is to support her husband. She contends that "God created woman to be a helper of man... and there is nothing more powerful to attend a man's heart than to have the unwavering support of his woman." Each chapter is structured around a particular issue specific to the military, but Sigrist's guidance is applicable to any woman who strives for a marriage based on conservative Christian ideals." - BookLife, a division of Publisher's Weekly

"Heartfelt, clearly written from a place of experience and understanding."

-Kirkus Indie Review

Hillary Sigrist is a wife, mother of three, and child of God. After marrying her high school sweetheart, she began the journey into the life of a true warrior wife. Married to a special operations sniper throughout the course of this decade's Middle Eastern conflicts, she learned firsthand the struggles of the extended battlefield experienced by the whole military family. After her husband separated from active duty, they moved to raise their family beneath the western skies of the Sierra Mountains.

As a non-warrior wife, I found this book to be relevant to my marriage. I am humbled to read about the struggles our military families have to face. It takes a truly special person to join the military, and a wonderful spouse to "soldier on" behind them with love and support. Excellent book!

Although I am not a Warrior Wife, I found many practical and Biblical words of wisdom, that can help any marriage, contained in these pages. Thank you, Hillary, for being transparent in your walk and helping many Warrior Wives to learn through your own hard-learned lessons!

I bought this for a gift for a military wife. It seemed to be just what I was looking for. Not a lot of books on this subject.

Beautiful book. Great read. Opened my eyes to what it is like being a military wife!

Extremely helpful in weakest army wife moments! Best book out there for us with emphasis on God

I kindly received a copy of this book from the author to review for the Wives of Faith online ministry to military wives. Sadly, soon afterward the website suffered multiple crashes due to virus attacks, and then in the aftermath of our cross-continental PCS and the closing down of the ministry, I did not post my review. With apologies to Hillary Sigrist for not posting, I offer now my review here. This is a short and sweet book about the struggles military marriages face, written by an army veteran's wife. She offers wisdom from her own experiences of marriage to her warrior husband, as well as vignettes written by other military wives. This is going to be a great book for the new military wife or the young, struggling military wife--the one who wonders if she's the only one who has felt like she's alone; the one who wonders if her life will ever be the same, or if her husband will change as he deploys to a war zone; the one who is sad or angry or doubts her faith. Indeed, this book would have been so incredibly helpful to me in the beginning of my husband's career. For me, however, the thing that keeps the book from being a 5-star rather than the 4 stars I gave, is the tone. I am not a fan of second person ("you will feel" or "you will realize"), because it is, to me, didactic; it makes me feel as if the author is lecturing me. I realize this is a personal prejudice, and I state it clearly here as exactly that. For many readers, this will certainly not be an issue. Thank you again to the author and the publisher for the opportunity to offer a review of this book. I am passing it along to someone I feel will benefit from its wisdom greatly.

Warrior Wife, Overcoming the Unique Struggles of a Military Marriage by Hillary Sigrist is a book about the unique way the military will change you, your husband, and your marriage. In the book she shares about the "new normal" lifestyle that challenges even the strongest foundations. When you hold the hand of a warrior, you're joining him on a quest—one that traverses glory and pain. It's a journey traveled by few, and fewer make it through till completion. Extraordinary men have run our colors across the battlefields of history, but behind them have been the women who have held vigil as they

go. But what doesn't break you will make you stronger if you let it! This book will illustrate the courage, support, and faith it takes to overcome the challenges of military marriages, as well as the tools, understanding, and insight to enter into the rewarding experience of being a warrior wife. Quotes I loved... "I believe military wives are super women in their own right, it's impossible for you to do it all." "Take heart in knowing that God's timing for His new creation is exactly as He planned (Ecclesiastes 3:11)" "Life is not about waiting for the storm to pass; it's about learning to dance in the rain." "He knows the plans He has for you, plans to prosper and not to harm you" (Jeremiah 29:11)

Good morning everyone! Hope you're having a good start to your day. I have been given Warrior Wife to review. This one brought back so many memories for me as I am a NAVY wife. As I was reading this book there was a lot of good advice contained within the pages. I wish I had opportunity to read this early in the days of deployment. I found these difficult times as I was in another state from friends and family. I had new friends to make and they would become my family away from my family where I am from. I had one motto if you will with my husband it is this. Stand firm to the battle waged against you. Together as a couple, you need to support each other. No matter the challenges you both face standing firm with one another will give you the strength you need to get through the deployments. The toughest deployment for us was when my husband was called to war. The fear that tears through you as you say your goodbyes; ours were see you soon. The scary times of when the flag comes to your door. I had the flag come to my door twice; no it wasn't for my husband, but it was because someone wanted to do harm. These were some of the things we faced, others didn't know. I found this book a good read, hope you take time to read it yourself. Thanks for stopping by.

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